



Our PSHE Policy

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At Esh Winning Primary school we are committed to the nurturing of children's social, emotional skills, children's self esteem, their health and well-being. We are committed to developing the children's respect towards themselves, others in school, the local and global community. This commitment is embodied in the school's mission statement and aims; it contributes to the positive ethos of the school and guides the systems, policies and 'day-to-day' running of the school. PSHE (National Curriculum) and PSED (Early Years Foundation Stage Curriculum) are recognised as an important aspect of the curriculum, where teaching and learning focuses on the development of these skills and responsibilities and develop the knowledge and understanding to make informed choices.

Objectives

- To know and understand what constitutes a healthy lifestyle.
- To be aware of safety and risk issues.
- To understand what makes for good relationships with others.
- To develop social skills to enable successful relationships with all members of their community.
- To learn to respect and understand common humanity, diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.
- To be an independent and responsible member of the school, local and global community.
- To gain an understanding of their role as citizens.
- To find out about the main political and social institutions which affect their lives and to know and understand what it means to be a positive and active member of a democratic society.
- To develop self confidence and self esteem.
- To be able to make informed decisions about personal, social, physical, spiritual, moral and cultural issues.
- To develop financial capability skills for future economic well-being.

Respecting Rights

At Esh Winning Primary School we promote children's rights from the UN Convention of the Rights of the Child. We see children's rights are a central focus in everything we do, as a framework for our teaching and learning and at the heart of our ethos.

The school has a rights respecting ethos, all classrooms have developed a charter through collaboration between children and adults. Through our belief in children's rights, we aim to provide a secure, caring environment where all children achieve.

In our teaching of PSHCE we aim to use the curriculum to allow the children an opportunity to focus on the following rights:



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- Article 13 - Get and share information (as long as it is not harmful to them or others)
- Article 14 - To think and believe what they want and to practise their religion.
- Article 17 – To reliable information
- Article 23 – To support if they have any kind of disability
- Article 24 – To good quality healthcare, clean water, nutritious food and a clean environment
- Article 28 – To an education
- Article 29 – To develop each child’s personality and talent to the full
- Article 30 – To learn
- Article 31 – To relax, play and join a wide range of activities

These concepts of Rights Respecting are included in The Esh Winning Programme of Study

Overarching concepts developed through the Programme of Study

- 1. Identity** (their personal qualities, attitudes, skills, attributes and achievements and what influences these; understanding and maintaining boundaries around their personal privacy, including online)
- 2. Relationships** (including different types and in different settings, including online)
See the separate **RSE** policy for details.
- 3. A healthy** (including physically, emotionally and socially), **balanced lifestyle** (including within relationships, work-life, exercise and rest, drugs, alcohol and tobacco, spending and saving and lifestyle choices)
- 4. Risk** (identification, assessment and how to manage risk, rather than simply the avoidance of risk for self and others) and **safety** (including behaviour and strategies to employ in different settings, including online in an increasingly connected world)
- 5. Diversity and equality** (in all its forms, with due regard to the protected characteristics set out in the Equality Act 2010)
- 6. Rights** (including the notion of universal human rights), **responsibilities** (including fairness and justice) and **consent** (in different contexts)
- 7. Change** (as something to be managed) and **resilience** (the skills, strategies and ‘inner resources’ we can draw on when faced with challenging change or circumstance)
- 8. Power** (how it is used and encountered in a variety of contexts including online; how it manifests through behaviours including bullying, persuasion, coercion and how it can be challenged or managed through negotiation and ‘win-win’ outcomes)
- 9. Career** (including enterprise, employability and economic understanding)



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Other initiatives

PSHE and PSED are linked with a variety of initiatives in place at Esh Winning Primary School. We are involved in the Healthy Schools Initiative and we are committed to giving our children the best information we can regarding healthy lifestyles, so that they are able to make informed choices for themselves.

At Esh Winning, our children are encouraged to develop their thinking skills through questioning and debating issues that might arise in their own lives and those of others. We believe that children, who are given the opportunity to share their ideas and opinions within the safe environment of the classroom, are children who will ultimately grow in confidence, enabling them to make better decisions for themselves both inside and outside of school. The school has an active School Council with elected representatives. We also have a steering group focusing on the actively promoting rights to the school and the wider community.

The Nurturing Programme is embedded within the curriculum and promoted throughout the school, for example through class themes, assemblies and displays. We also have a dedicated Nurture Team who support children in need of additional time and attention.

PSHE and PSED, therefore, is delivered throughout the curriculum both as stand-alone planned lessons, and within the whole school ethos, which continually promotes its central importance to a well-balanced, child-centred curriculum.

Planning and Assessment

The concepts, skills and attributes, referred to above, are introduced and reinforced through the Core Themes of **Health and Wellbeing, Relationships and Living in the Wider World**.

Esh Winning's long term plan seeks to provide coverage of the curriculum, whilst showing progression, by the end of KS2. Staff follow the explicit and implicit learning opportunities and experiences set out, which reflect pupils' increasing independence and physical and social awareness. At the heart of the planning is teacher knowledge of pupils' needs. Weekly PSHE sessions are taught and recorded in topic books or in the 'running record' book. The PSHE Lead will collect and collate the learning across the school to monitor progression and coverage.

The learning assessed will relate to the pupils' attributes and skills (such as resilience, negotiation, self-awareness, risk management and interpersonal skills) and will be logged in Classroom Monitor.

