



February 2024

Esh Winning Primary School

NEWSLETTER

BREAKFAST CLUB REMINDER!

- School Breakfast club starts at 8am.
- Pupils do not need to be booked into the club in advance and it costs £1 in cash per day.
- All pupils in Reception to year 6 can attend.
- **For the safety of your child, pupils should NOT arrive at school before 8am.** At this time of year it is still dark and there is no supervision for pupils until 8am.
- **Please can parents/carers always wait with your children, do not leave your children unattended until the gates are opened.**
- The ethos behind our breakfast club is that your children come at 8am and experience choosing their own breakfast, sitting with friends while they eat their food and then at 8.30am they have an activities session.
- All pupils enter via the dining hall.
- Please note the school office is not staffed until 8am for dropping mobile phones off pre Breakfast Club.

Thank you for your help in this matter.

Important Dates

February

- 09th Inside-Out Non uniform Day
- 15th Break up for half term holidays
- 16th INSET Day, school closed
- 26th School resumes

March

- 07th World Book Day (Thursday)
- 08th Health & Wellbeing Day
- 08th British Science Week
- 11th Class Photograph Day
- 15th Comic Relief Day
- 18th Parents Evenings Week
- 28th Easter Celebration
- 28th School breaks up for Easter

April

- 15th School resumes (Monday)

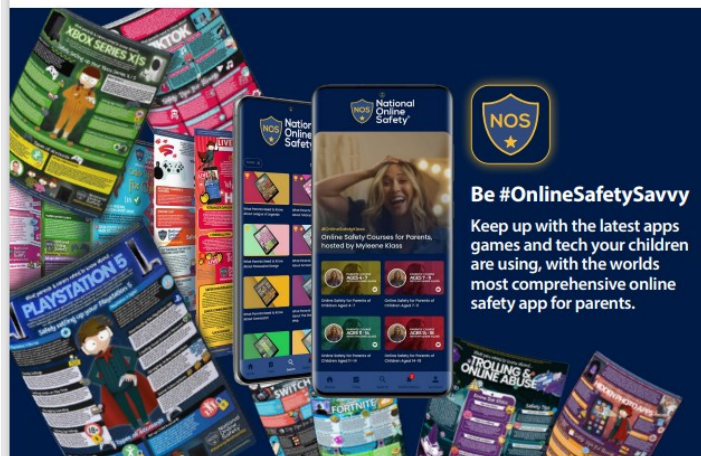
May

- 6th Bank Holiday
- 13th Year 6 SATS week
- 24th School breaks up for half term



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- ✓ The option to get notifications to your phone as soon as new content becomes available – so you can stay up-to-date with the latest online crazes (and risks);
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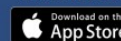


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Firstly, thank you to all the parents who do not park in our car park and follow our School Health & Safety policies and procedures. This is very much appreciated!

If you are not registered with school to park for medical reasons and are asked to leave or not to enter the car park, please be respectful to our school staff and park elsewhere. We appreciate the difficulties parking locally, but if you could park a few streets away and walk this would be helpful.

The car park does not have a designated path for children to safely access it, so we need to avoid congestion during peak times. This is for the safety of our children.

Thank you for your help in this matter.

**This year SATS WEEK is
Monday 13th–Friday 17th May 2024**

It is most important that all year 6

Year 2 pupils will be completing their SATS during the whole of the month of May. More information will be given to parents.



Healthy Packed Lunches

What's the big idea?

Packed lunches can be very healthy and nutritious.

They can also be little more than a dose of sugar, fat and salt.

Children who bring in packed lunches should be encouraged to bring in healthy options that reflect the healthy messages being promoted by school.

A healthy packed lunch can be simple to prepare, inexpensive and fun to eat.

Healthy Lunchbox Suggestions

Sandwiches

Try to vary the type of bread such as wholemeal, granary or high fibre white bread. Also make sandwiches from different kinds of bread including bread rolls, French bread, bagels and pitta bread as well as sliced bread. **Shop bought sandwiches are full of salt and sugar.**

Use a different sandwich filling each day - preferably including a fruit or vegetable.

For example: Cheese and cucumber, Chicken, lettuce and tomato, mashed banana, tuna and sweetcorn, grated cheese and carrot, hummus, cottage cheese, grated carrot and grated apple

Fruit and vegetables

Some fruits to try: Seedless grapes, apples (can be cut up for younger children and brushed with lemon juice to avoid browning), satsumas or tangerines, plums, small bananas, dried fruit such as apricots or raisins, cherries, fruit salad

Some vegetables to try: Cherry tomatoes, cucumber chunks, carrot sticks, baby sweetcorn, celery sticks, grated carrot and raisin salad

Drinks

Still water or fruit juice only

Sweet suggestions: Scones, yoghurt, malt loaf, teacakes, flapjack

Savoury suggestions: Rice cakes, cheese and crackers, bread sticks, a boiled egg

We hope this helps to give you some ideas and show that healthy eating for you and your children need not be boring and can have a great deal of variety. If you need any further advice or help, please contact the school.

NO CHOCOLATE, NUTS, SWEETS OR FIZZY DRINKS ARE ALLOWED IN LUNCHBOXES

Weardale Parents Meeting. A meeting has been arranged for all the parents and pupils going on the Year 6 trip to Weardale Adventure Centre in March. The meeting will be on Monday 12th February at 5pm in the main hall. A letter has already been sent home. Please ensure you have sent the reply slip back to the school office so we can estimate the numbers attending. A member of staff from the centre will be coming to do a presentation and this is a great opportunity to ask any questions you may have.

PE in school. Please send your child's PE bag in with them on a Monday morning and it should stay in school all week and go home on a Friday at home-time. At any time during the week an opportunity may arise to do PE or an outside activity. It would be a shame for your child to miss out if this should happen.

If pupils are bringing mobile phones with them to school, they **MUST** be left at the Office before class & they **MUST** be **SWITCHED COMPLETELY OFF**. The school will not be held responsible for phones brought into school.

Don't forget!
Shrove Tuesday or Pancake
Day is on
Tues 13th February!



Red Nose Day Friday 15th March

All pupils can come into school wearing non-uniform and make a donation £1. They can choose to wear something red or dress up as a Little Miss or Mr Men character. They can even make up their own character! We will also be taking part in the Lego build to change as a school.

World Book Day!

On Friday 8th March children are invited to come dressed as their favourite book character, preferably making costumes from items they can find at home. There will be prizes in classes for the best 'home-made' costumes. Maybe you and your children could start talking about their favourite book character and designing home made costumes over the half term holidays.

Safer Internet Day 2023 was observed in school on Tuesday 6th February with this years' celebrations & learning based around the theme "Inspiring change? Making a difference, managing influence and navigating change online".

School Website Address: www.eshwinning.durham.sch.uk